

SENIOR CENTER NEWS



VOLUME 18 - OCTOBER 2025



Our Daily Schedule

9:00am-10:00am Coffee & Morning Snack

10:00am-11:00pmMorning Exercise

10:00am-11:15am Cards & Games

11:30am-12:30pmLunch

12:30pm-2:00pmBingo

12:30pm-4:00pmGames & Cards

12:30pm Afternoon Snack

4:00pm Close



E-A-G-L-E-S, Eagles!

To celebrate the start of the NFL season, we hosted our own Eagles Kick-Off Party! Thank you to Autumn Lakes and Bratton Law for sponsoring the celebration!

We have so many special thanks to share! Bill "Billio" Olaschinez and the Ocean City Pops led our commemoration of 9/11. Liz Genco sponsored and led our Arts & Crafts Greeting Card workshop. Atlantic Medical Imaging visited us for the second year to provide services with their Mammogram Van.

Special Thanks to September's Big Bingo Sponsor!

NJ Health

Fall Painting

Thursday, October 2nd 1:00pm

Let's get artsy! Our friend Tammy DeFranco will be leading this fun class to help you create some gorgeous autumnal works of art!



Senior Health Expo

Thursday, October 16th 10:00am-2:00pm

Our 2nd Annual Health Expo will feature local wellness resources, workshops, a vaccination clinic and exercise classes!



Halloween Party

Thursday, October 30th 11:00am-1:00pm

Join us for a spooky good time to celebrate Halloween! We'll all be dressed in our best costumes, so dress to impress!



Connect with us!

To sign up for any of our lunches or activities, or to get more information, reach out to our team!



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